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Angel Hair

By Dick Moss, MUFON MN

There are many characteristics about UFOs that are often described in terms of their strangeness. Some believe that one of the oddest UFO behaviors is that they occasionally emit a white fibrous substance that resembles glass wool and has come to be called "angel hair." Obviously, nobody knows how and why this substance is created. Whatever the material is, it has been seen falling from both round UFOs and cigar-shaped craft.

In October, 1954 near Jerome, Ohio witnesses were lost for words when a cigar-shaped silver object, moving very fast, dropped a blanket of angel hair over several miles. Teachers and about sixty students happened to be outside their school building and watched a silver cigar-shaped craft leave with great acceleration. It created a cobweb-like material which left a trail that fell to the ground. Part of the substance floated down in long strands and part of it drifted down in what were described as resembling balls of cotton. Trees became covered with the strange material which felt like asbestos fibers.

They could be pulled into a long strand but eventually evaporated away. When one end of a strand was touched the substance would roll up into a ball and completely disappear. A few people did touch the material and saw their fingers turn green. This green substance could be washed off and, if left to itself, would simply sublime away in the same way as does dry ice. In other words, the solid material bypasses the liquid phase and goes directly into the gaseous state of matter. Such behavior is referred to as sublimation. A little after 3PM the object shot away at a great speed and left a trail of material that slowly fell to the ground and disappeared. A few days following the incident a retired engineer noticed that nearby poplar trees had prematurely shed their leaves. Soon after, several trees dried up and died. After cutting down the trees, they were seen to be in a spongy state of decomposition. Nearby trees that had been cut down were not affected presumably because none of the angel hair had touched them.

During a soccer match in Florence, ten thousand spectators watched two high-flying UFOs discharge something bright. Whatever it was, upon floating to the ground it clung to everything it touched. It vaporized away in a few minutes. The objects were disc-shaped, luminous, convex shaped, had a dome on top and were said to be concave on the bottom. A chemical analysis revealed that the substance contained boron, silicon, magnesium, calcium, and some trace elements not specified.

Stories about angel hair date as far back as 1500 years and, even in those early times it was associated with objects in the sky. A partial listing follows:



Minnesota Mufon Meetings

**Sat., Mar. 12th & Sat., Apr. 9th
2pm - 5pm**

**New Brighton Family
Service Center
Room 224
400 - 10th St. NW
(located 1/4-mile S.W.
of Hwy 694 and 35W.)**

**PARK FREE! The building is
designated as non-smoking.**

See map on back cover

**(Note: The building has no
special security, so you can
come and go as you please
and smoke outdoors. There
is also an elevator.)**

In this Issue:

- *Angel Hair* - Page 1
- *Disclosure Factors*- Page 4
- *Leslie Varnicle and MUFON*- Page 5
- *Why was Varnicle fired?*- Page 5
- *CE4 Corner* - Page 8
- *Secrecy is Repugnant* - Page 9
- *Pentagon Resists* - Page 10
- *Wikileaks UFO Cables*- Pg 11
- *President Won't Disclose*- Page 12
- *Rumsfeld and UFOs*- Page 13
- *Earth-like Worlds Common* - Pg 14
- *MUFONMN meetings*- Pg 15
- *MN MUFON Info* - Page 15
- *Meeting Map* - Page 16

October 1, 679, Osaka Japan, cotton-like strands five to six feet long fell over Naniwa and drifted with the wind.

Sept. 27, 1477 a white cotton-like substance continued to fall from the sky for six hours after a luminous object passed overhead.

July 12, 1596 an earthquake occurred in the Kyota area at night. White strands of something fell over a large area. Two days later more "white hair," some six inches long, fell over Naniwa.

Sept. 27, 1477 Japan, a white cotton-like material fell from 11AM to 5PM after a glowing craft crossed the sky.

July 12, 1596 an earthquake occurred in the Kyota area at night. White hair-like material, several inches long, fell over the countryside.

June 4, 1560 a huge amount of white strands up to six inches long fell on central Japan.

March 23, 1665 a pale blue fibrous material, much like blue silk, fell to the ground.

May 3-5, 1678 white hairs, 11 to 55 inches long fell over Kyoto and surrounding countryside for three days.

Sept. 1702, Japan, at noon the sun changed color to red and strings of a material like white cotton reached the ground.

March 5, 1724 Kyoto City, Japan, observed white strands up to six feet long fall during a heavy rain and high wind.

June 25, 1724 white hairs ten feet long fell in a sort of shower over Edo, Japan.

Sept. 21, 1741 a fall occurred over Bradley, Selborne and Arlesford, England where witnesses watched the heaviest fall on record. It consisted of a white wooly-like material that fell to earth twice on the same day. The second fall lasted eleven hours from 9:00AM to after dark. Whatever the substance was, it became gelatinous and evaporated away.

October 14, 1779 Something like a spider's web fell from a windless sky for two hours. The fibers were fairly thick and evaporated away when touched.

July 15, 1793 Edo, Osaka, Japan. A huge amount of "white hair" fell over Edo and something akin to

spider webs fell continuously. On this same day a light shower of white hair, 33 to 88 inches long, fell over Tokyo.

June 21, 1819 An enormous amount of white material similar to a spider's web fell. It was extremely strange for the sun to set on this day and not become dark. The sky remained bright as if by moonlight.

Oct. 16, 1883 Montussan, France. A thick cloud accompanied by rain and wind appeared. The cloud was composed of woolly lumps the size of a fist and eventually fell to the ground. The fibrous material could not be identified.

July, 1951, In southern California shiny silver spheres flying in formation were seen to disintegrate along with the production of angel hair.

October 17, 1952 During early afternoon a number of UFOs flying in pairs left a trail that appeared as a film of cobwebs. Clumps hung in trees and on wires. The material turned gelatinous and disappeared. When rolled into a sphere the substance became gelatinous and disappeared.

On Oct. 27, 1952 over Tarn, France, a good number of UFOs which were flying two by two in a zigzag trajectory left trails of a white substance which slowly fell to the ground. The masses of white threads appeared somewhat similar to glass wool fibers and fell from above for some time.

In October, 1953 near or over Victoria, Australia, a UFO was seen discharging a trail of white material which slowly floated to earth and settled on wires, trees, walls, etc. and consisted of shiny filaments similar to spider webs. All of it vaporized and disappeared in a few minutes. Some of the filaments were preserved in a container and have changed little over twenty years. A chemical analysis of the fibers indicated that they were borosilicate glass (a form of glass wool) containing boron, silicon, magnesium, and calcium along with traces of some unspecified elements.

On November 16, 1953 Gordon Grant of Burbank CA revealed that a white fiber-glass like material fell from the sky over San Francisco. Engineers from Lockheed, North American, and Douglas Aircraft Companies investigated. The material looked like finely shredded wool or spun glass. When held between the fingers, the material dissolved and disappeared. So much fell that a

bakery truck was completely enveloped in it. Two city blocks were covered as if by a blizzard.

On February 3, 1954 a huge flying saucer having windows maneuvered at a high altitude as a couple viewed it with eight power binoculars. The craft took on a red color and produced a shining cobweb-like substance that drifted to earth and ended up hanging on tree branches and wires and also covered the ground. As soon as anyone touched it, it vanished.

On February 15, 1954 a fluffy blanket of white fibers streamed like a ribbon from a UFO that sped across the valley. The substance that hung on trees and wires until it finally evaporated away came from a huge silvery sphere that put on a bit of a show by randomly moving up, down, and sideways.

On September 20, 1954 near Pere-En-Ritz, France an explosion was heard just prior to the appearance of angel hair.

On October 13, 1954 over Tarn and Graulhet, France, in the late afternoon a white flying disc exploded while in flight. A smaller silver object departed from the white mass and disappeared to the south. Shapeless masses of fibers gently fell and were draped over trees and wires. The substance appeared to be silvery filaments clinging together like cobwebs which melted when handled. They disappeared without leaving any trace or odor.

On October 29, 1954 near Rome, Italy, a group of flying saucers discharged such an abundance of cotton-like fibers that it interfered with traffic.

On November 6, 1954 from 11AM to 11PM, over one hundred UFOs maneuvered over Rome at an altitude estimated to be six miles at a speed estimated to be eight hundred miles per hour. A bluish cloud resulted from the two hours of maneuvering. It consisted of small white glass-like fibers which evaporated in the hands of a witness. During the maneuvering forty UFOs in two separate formations of about twenty each, moved together over the Vatican and formed a Greek Cross. On November 7, 1954 an estimated fifty UFOs maneuvered in various formations. Glass-like fibers fell from the sky during the spectacle.

On October 23 & 24, 1957 over eastern New Mexico, threads seemingly by the tons in strands that were up to fifty feet long, fell to the ground from above.

On October 12, 1966 over Jonesboro and Johnson City, Tennessee, fifty silver discs with domes on top, were observed by eyewitnesses at noon. As the alien crafts maneuvered overhead they discharged an unknown substance in sheets that separated into strands. It was sticky and created an itchy sensation and nearby people became nauseated. Cows would not go into a field where the substance had fallen until after a heavy rain.

One woman developed blisters on her face after she ran to grab some of the falling material. The unknown substance hung from trees, telephone wires, and bushes. Upon being investigated the next day, the angel hair was still hot to the touch even though the outdoor temperature was cold.

On October 19, 1973 a UFO maneuvering in the early morning sky created a vapor trail that resembled a jet's contrail. It fell to the ground and, upon examining the substance, it was seen to be strands of a silky material similar to angel's hair or spider webs. Some of the strands were six feet long. It turned out that the same kind of substance fell on Shreveport, Spring Hill and two other towns sixty miles away.

On October 22, 1973 over Sudbury, Massachusetts a child came running into his house shouting, "Mommy, come and see the biggest spider web in the world." The mother followed her son and saw the web-like strands hanging from bushes and wires. A shiny globe-shaped silver object in the sky was moving westward and disappeared over some trees.

The substance covered an area on the ground of about 1500 square feet. Two days later the substance was white and translucent. Over time the fiber diminished in size. After reading accounts such as these, it must be concluded that the presence of angel hair often appears in a close relationship with UFOs and similar events have been witnessed by many people since 679 AD and possibly prior to this date.

Some behaviors have been noted.

1. The white stranded substance is unstable and can rapidly melt away in the air.
2. Its chemical behavior ceases when it is sealed in a closed glass container.
3. The substance will react in close proximity to living tissue or body heat by becoming gelatinous and quickly evaporates.
4. When exposed to a flame it burns fast and completely leaving no visible ash or residue.

The constituent elements include boron, silicon, magnesium, calcium and perhaps traces of other elements. Its molecular structure differs from known similar substances such as silk, wool, asbestos, and cotton.

Focus of UFO disclosure should be on meaningful factors

By Steve Hammons, February 8, 2011

<http://tvtranscend.blogspot.com/2011/02/focus-of-ufo-disclosure-should-be-on.html>

Some unidentified flying objects (UFOs) seem to many people to be “intelligently controlled physical craft of some kind from some place that is not here.”

That is a premise of and a quote from the new book *A.D. After Disclosure: The People’s Guide to Life After Contact* by Richard M. Dolan and Bryce Zabel.

These authors use a starting point that is beyond the various discussions about the question of “if” Earth humans are being visited by spacecraft and other kinds of phenomena that are quite unconventional. They seem to feel that this has already been well established.

As a result, Dolan and Zabel say that their book is not trying to prove that some UFOs are related to intelligent beings, though they do include some very interesting information that supports this view.

“Thousand of books have been published, all debating whether UFOs are real or just figments of our imaginations. This book is not one of them,” the authors state.

READINESS AND PREPAREDNESS

Their starting point is: What does it mean? What are the factors involved? How is human society on Earth going to adjust to it? How will it unfold?

Dolan and Zabel may have a point. A moderate amount of research using reliable sources certainly gives the impression that it is quite possible or probable that some UFOs represent real circumstances that we should look at carefully.

It naturally follows that we should be prepared psychologically, emotionally and spiritually. In addition, human societies and cultures should be

ready for various impacts affecting public health and safety, economics, technology, scientific knowledge and other elements of life.

Dolan and Zabel say, “An acknowledgment that ‘UFOs are real and some of them are not us’ will not end the debate, but only lead to more questions. It might also mark a new phase of the mystery.”

As the authors of *A.D. After Disclosure* point out, there are many valid questions and some lead to other unknowns.

The desire for full disclosure of information about the UFO phenomena related to the U.S. and other nations is understandable. Yet, there could be certain aspects that require careful consideration. Is the standard “need-to-know” guideline for the handling of sensitive information a good way to proceed? Or, should different methods be used to increase acclimation, readiness, insight and understanding?

Dolan’s and Zabel’s website www.AfterDisclosure.com presents a variety of views from researchers and observers who are interested in these kinds of subjects. The site is a resource that seems to provide a reasonable overview of the investigations into and discussions about the UFO topic.

WHERE TO FOCUS

It might be helpful to consider the viewpoint of Dolan and Zabel about where to focus our attention. Is it worthwhile to engage in endless debates about whether Earth is being visited by intelligent beings or is that actually already evident?

Maybe our discussions should be related to more useful directions such as: Are there more than one type of visitors or unconventional intelligent beings? Who are they? Where are they from? What do they want? How long have they been around? Are they friendly, hostile or neutral? Are there dangers involved? Can they help us in various ways?

As the authors of *A.D. After Disclosure* and many other researchers point out, the roles of our defense, intelligence and scientific communities are also of interest. Certain elements of these groups probably have gathered solid information on the subject over the years and decades.

Our communications media also have an interesting position in dealing with this general topic. Are the increasingly diverse mass media being responsible and providing credible perspectives for their audiences?

And will average people in many walks of life and in many circumstances use the information and insight in ways that are constructive and healthy?

These appear to be issues that are worthy of examination and exploration.

An additional element to consider is that the idea that we are being visited by interesting beings may just be the tip of the iceberg.

We could learn that our basic understanding of Nature and the universe needs updating. There may be new insights about human consciousness, life after death and how time and space function in mysterious ways.

Dolan's and Zabel's position of looking beyond petty debates and misinformation so we can concentrate on more important and meaningful aspects of the situation seems to make sense.

LESLIE VARNICLE AND MUFON

By Bill McNeff ASD MUFON Minnesota

Because the final straw that led to the formation of the Committee to Reform MUFON (CRM) was the firing of Colorado State Director Leslie Varnicle by the MUFON International Director, I thought that you all needed to know more about her. She has been with MUFON from the beginning 41 years ago, and built the Colorado organization into one of the best in the nation, with about 160 members and a \$20,000 bank account. She did the difficult task of putting on not just one but several MUFON Symposiums in Denver, and just last summer received the "State Director of the Year" award.

I had talked to Leslie a couple of times at MUFON Symposiums and heard her reports and comments at several of the MUFON State Directors meeting. Per the request of Elaine Douglass, Chair of the CRM, I called Leslie Varnicle for some information.

I spent about an hour on the phone with her. I hadn't realized before that Leslie is an electrical engineer of impressive credentials. She was one of a very select group of telecommunication experts who were chosen to go to Russia right after the fall

of the Soviet Union and advise them on how to set up telecommunications to better communicate with their vast country. I confirmed with a former US diplomat that the US provided technical and much other assistance to Russia at that time. When Leslie arrived in Moscow, the customs agent looked at her credentials; then he opened a book that was about an inch thick, looked at her again, and waved her on through! The group was given unimpeded access to the entire country and facilities. Their group determined that the Russian military had so much extra capacity in their telecommunications systems that much of it could be used for government purposes. She told me fascinating story after story about her work, including work at "restricted" telecommunications sites in the U.S. She is aware of technology that most people are not aware of.

She has limited time now to do MUFON-related work, since the company she worked for 40 years terminated their workers and confiscated their retirement money, and she still has to work for a living! I told her I thought there was a law against that sort of thing and she said they had looked into it, and the company had found a loophole.

In my opinion, Leslie Varnicle is very intelligent, very capable and should not have been fired as State Director of Colorado. The chain of events which led up to her firing included misunderstandings and missteps by the International Director, deep policy disagreements, and distrust caused by MUFON policies and actions which were and are very questionable. The following article by Elaine Douglass details some of these.

Why was MUFON Colo SD Leslie Varnicle fired? Mystery solved!

Elaine Douglass <edouglass@frontier.com>

February 24, 2011

The information in this communication has been obtained by the Committee to Reform MUFON (CRM) through interviews with some of the parties involved. The information is true to the best of CRM's ability to determine.

Why was Colorado State Director Leslie Varnicle fired?

To the Members of Colorado MUFON:
The mystery of why Colorado State Director Leslie Varnicle was fired has been solved. For starters, it had to do with James Carrion and whether he was

to blame for MUFON losing its contract with Robert Bigelow. James resigned in January 2010, and after that the view circulated in MUFON was that James' "mismanagement of the funds" had been the cause for Bigelow terminating the contract after \$334,000 of the promised \$672,000 had been paid.

It was in November 2009 that Bigelow descended on MUFON demanding an accounting of the money. This threw the MUFON Board of Directors into a panic and they gave up the books of MUFON, and the books of the Bigelow project, to Bigelow to audit. It didn't mollify him. He terminated the arrangement which had been in effect the previous ten months—the arrangement in which Bigelow paid wages and expenses to MUFON's Star Team investigators and administrators, and in which Bigelow had unrestricted real time access to MUFON CMS (computer Case Management System).

The MUFON Board didn't tell James, the International Director, what it was doing to try to appease Bigelow, and when James found out, he resigned. After that, people got the idea James was incompetent or even that he might have stolen money from the project.

Leslie Varnicle asked too many questions

In an interview, Leslie Varnicle says at first she went along with the idea it had all been James's fault, but then, "I started looking and checking and researching," she says, "and talking with James. I have learned over the years to follow my senses, and initially my senses were telling me No, it hadn't been James's fault, but I went along with what I was being fed [by the Board]; I was drinking the Kool-Aide."

She says she started asking Cliff and other Board members questions, such as: "If James did all these things wrong, why didn't the Board know it? Didn't you watch him?" she wanted to know. And "Didn't you have an accountant looking at the books?"

"The idea James had stolen money was implied, but when it come down to the facts hitting the floor, I found that No, he hadn't. As a matter of fact, the \$30,000 salary James was supposed to get he contributed back to MUFON. Eventually," Leslie says, "I came to the realization James had been thrown under the bus."

She didn't believe much of what the Board of Directors said

Leslie Varnicle had become disillusioned with MUFON. And the scape-goating of James Carrion wasn't the only reason. Leslie didn't like that "the states are not part of MUFON" and have no say in how MUFON is run. She pushed to get Colorado MUFON incorporated into International but the Board of Directors wanted no part of that. Leslie says the Board was eager to get money from the states but hesitated because that might entitle the states to a greater say in MUFON's affairs.

She tried to get MUFON to purchase an insurance policy to cover investigators, but the Board would have none of that. Leslie, who is in the insurance business, says the policy would have been "inexpensive" to purchase.

Leslie tried to become a member of the Board of Directors but the Board wanted no part of her. They claimed she didn't make enough money to pay for all the travel involved. Her response was to develop Webinar for MUFON use and she advocated electronic internet teleconferencing to permit the Board to meet without travel, and that idea went nowhere.

Leslie definitely did not like the marginalizing of the states after the Star Team came in and the states got only the "lights in the sky" cases, and she didn't like the secrecy surrounding the Star Team investigations. She didn't like the "background checks" of MUFON investigators that began to be required and she didn't like the Star Team administrators barking out orders and their rudeness. She felt she was a competent investigator, after 41 years in MUFON, and she believed her regular team in Colorado was qualified to carry out any investigation in MUFON.

She didn't like the secrecy and the background checks

As for the background checks, she felt MUFON did not have procedures in place to safeguard the information demanded—"date of birth, social security number, maiden name, military records," she says—from identity theft. Nor did she care for the "non-disclosure" forms in Star Team. "That really got my goat," she says. "What do you mean I can never talk about anything?" she says referring to the terms of the non-disclosure. "You can never talk, never write about anything you see or do. What? I thought we were here to keep this stuff

open to the public and be a thorn in the side of those who want to keep UFOs secret. But apparently MUFON wants to keep secrets too!" she says.

Leslie was suspicious of the confidentiality procedures surrounding the Star Team and she claims the information in CMS is manipulated. Leslie is adamant that cases sent to Colorado showed up in her email but were not in CMS when she went to look for them. She says global searches for the case number did not produce the case. On inquiry to CMS administrators she was told the cases had been "deleted for bad language," and she did not believe that.

Leslie also says Colorado ASD Cheryl Gantz reported that Clifford Clift had told her (Cheryl) not to have any speakers on abductions—"That's not what we do; that's not what MUFON is about," Cliff is reported to have said—and Leslie didn't like that. In a hostile interview, Gantz at first told the Committee: "Cliff never said that" and later Gantz said, "I'm not going to get into that."

The Feb. 12 Colorado state meeting

Leslie says she is not surprised Clifford Clift did not tell the truth when he spoke to the Colorado members on Feb. 12th. Leslie was fired, Cliff told the members, because she "said on a radio program that she recorded a state directors' meeting and gave the recording to James and he is going to use it in a defamation suit against MUFON." [An accurate quote, confirmed with Cliff.]

Actually, Leslie said no such thing on any radio program. James, however, did. On the Pippin program Feb. 7, James stated he had received the tape and that Cliff thought he got it from Leslie. Of course, James saying that on the radio Feb. 7 could not have been the reason Leslie was fired Jan. 25th.

Two emails to Clifford Cliff from the Committee to Reform MUFON asking him for the name of the radio program on which Leslie made the remark he attributed to her went unanswered.

She didn't see any "ethics" in MUFON

So the Committee to Reform MUFON went to Leslie and asked: Did you give a tape of the 2010 symposium state directors' meeting to James Carrion? "Yes," she said. When James asked you for the tape, why didn't you go to Clifford Clift and ask him what to do? "I didn't do that because I

don't see any ethics in MUFON." What do you mean by that? "In my job I have to abide by codes of ethics for the licenses I have, everything from federal to state licenses. Every two years I am required to take ethics classes. And one of the things I don't see in MUFON is ethics. I see no ethics whatsoever."

Is there was something unethical about the way James was treated? "Yes there is. I gathered enough information to realize James was not the bad guy I was led to believe he was. There was no ethical behavior from the Board of MUFON and there still is none."

In other words, in the period before she was fired Leslie became disillusioned by what she observed in MUFON, and she expressed it by giving James a tape to defend himself against libel.

She didn't like the contract with Bigelow and what it brought to MUFON. She didn't like the marginalization of the states and she didn't like the secrecy regime. She felt she and her investigators were exposed to liability and that MUFON didn't care, and she worried that information provided in "background checks" would not be safeguarded from identity theft. She didn't like the "self-perpetuating" Board of Directors and how "the states weren't part of MUFON." She didn't understand why Clifford Clift said abductions should not be discussed in MUFON, and she couldn't see why secrecy was enforced on the Star Team when she thought the Mission of MUFON was to provide all information to the public, and she saw evidence CMS was manipulated.

She tried to keep faith and hold on to her job

She tried to change MUFON from within, but nothing she tried worked. She tried to get on the Board of Directors, she tried to get the Board to adopt electronic communications, and she tried to merge the Colorado chapter into MUFON. She suggested to the Board they needed better accounting procedures and she tried to get the Board to insure the field investigators. In other ways she tried to accommodate to and put up with the practices within the organization. For example, she tried to believe James Carrion was incompetent and had caused the loss of the contract with Bigelow. She tried to keep faith and hold on to her job in the organization she had worked in for 41 years.

As for the MUFON Board of Directors, we suppose that over time the Board became aware of Leslie

Varnicle's misgivings. They knew she did not buy into the new, James Carrion -Robert Bigelow era ways of doing things in MUFON. And she is capable, experienced, and observant. Accordingly, they fired her and in the process even stripped away Leslie Varnicle's field investigator status after 41 years in MUFON.

Telling the truth would open the door to too many questions

Seeing this, it becomes clear why the MUFON Board cannot tell the truth as to why Leslie was fired. It becomes clear why the International Director cannot tell the truth about the firing even when speaking before the members of Colorado MUFON. It becomes clear why he cannot speak for MUFON, but instead resorts to taking words from the mouth of James Carrion, putting them in the mouth of Leslie Varnicle, and using those words, not MUFON's words, to "explain" the firing of Leslie Varnicle.

If the story was told truthfully, it would open a window on a host of embarrassing, controversial and possibly libelous issues. It would lead to a discussion of the nature of Leslie Varnicle's critique of MUFON and whether indeed there are any "ethics" in MUFON— and that is not a discussion Clifford Clift and the MUFON Board intend to have with the members of Colorado MUFON. So in the end, Leslie herself was scapegoated.

And that, in the view of the Committee to Reform MUFON, is a good part of the story as to why Leslie Varnicle was fired in January as the State Director of Colorado.

Submitted by The Committee to Reform MUFON:

Marilyn Carlson	Elaine Douglass
Steve Bass	Marlee Spendlove
Bill McNeff	Dean DeHarporte

For more on this controversy, see:

<http://followthemagicthread.blogspot.com>

Jerry Pippin and Cliff Clift:

http://tunrs.net/files/Cifford_Clift_pt_1_2-4-11_.mp3

http://tunrs.net/files/Clifford_Clift_part_two.mp3

The CE4 Corner – March/April 2011

What is Hypnosis?

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www.craigrlang.com

This morning (Feb 27, 2011), the morning before writing this column I attended a religious study class at our church as part of our family's Sunday traditions. This particular class was on Islam. The class was excellent; the instructor was one of the kindest, most open-minded individuals I have met in a long time. Afterwards, I asked him for his card and gave him mine, which read, [Craig R. Lang, Certified Hypnotherapist](#).

His response was curious at best. I could tell there was something not quite right about his reaction. As we were walking out to the parking lot, we got to talking about the topic and I asked him what the issue had been. I have had clients of nearly every religion, including Baha'i, conservative Christian, Mormon, and ultra-rationalist. But I have never had a Muslim client. I asked him why this might be and his response was short and to the point. The practice of magic is forbidden to Muslims.

I asked him more about what he meant by that. He told me that Muslims viewed hypnosis just as they viewed sorcery, divination, mind-altering drugs, etc. I asked him if he knew what hypnosis really was and he said no. So I explained it to him. In doing so, I saw his eyes light up in a way I have not seen in a long time. Granted, he was extremely open-minded. Yet he was able to see (and presumably correct) the misconception. Are others so open?

I asked him if he had ever found himself deeply buried in a good book, movie, television show, or other such medium. He said yes - often, in fact. I told him that when he did, he was hypnotized.

Had he ever daydreamed? Yes. At that moment, he had been hypnotized.

Had he ever been deeply devoted to prayer, communion with God deep enough that that time seemed to stand still? He said yes. At that moment, he was in hypnosis.

Had he ever daydreamed? Yes. At that moment, he was hypnotized as well.

In short, there is nothing magical about hypnosis. We spend a moderate percentage of our waking day in a hypnotic state. Any time you get a creative inspiration, ponder a question, consider an idea or

deeply concentrate on a problem, you are in a form of hypnosis.

So exactly what is hypnosis?

Hypnosis is merely the state of selective focus along with the temporary, willful suspension of disbelief - the same thing that occurs when you read and enjoy a good novel. There is no magic involved; it is merely a natural state of the human mind. If you have a religious perspective, you can think of it as a gift from God. It is a property of the human mind that allows us to apply the resources of our subconscious to the needs of the moment - as when you get into the groove in an athletic endeavor.

Gwyn and I often attend classical concerts at Orchestra Hall. One thing I enjoy is to watch the faces and body language of the musicians. As they play, they become deeply entranced, becoming one with the music. Watching several of them during a recent concert, I could see the expressions on their faces - deep concentration and thus, deep trance. They were bringing the talents exquisitely developed within their subconscious, in this case the gift of music, to their work in the world. It is the gift from God called hypnosis.

Another benefit of hypnosis, it allows us to bring healing directly to the subconscious, where it can be most effective. Working with a trusted hypnotherapist, one can suspend disbelief for a time (though I've seen that such disbelief is never far away), focusing concentration directly on whatever needs to be healed. We refer to this use of hypnosis as hypnotherapy - utilizing the gift that is hypnosis to bring positive change to the mind of the person.

I have had this discussion - what is hypnosis - many a time. Usually it is with conservative Christians, but it may be with other religions as well. Usually, I find that people are open enough to see the misconception. Other times, however, my argument has been rebuffed. (One fundamentalist Christian even told me that since I was an evil hypnotist, anything I said must be deception and thus it would be a sin for her to listen to me. What can you say to that? ☺)

In the spirit of open mindedness, I have tried to understand the reason that many with deeply religious (usually conservative) backgrounds have come to believe hypnosis is magic - usually evil. The answer is interesting, indeed.

Most of what people know of hypnosis comes from shows like CSI, where in one episode a hypnotist was making people jump off buildings, or the like. Another is in science fiction or fantasy movies, where an evil wizard, malevolent alien, monster or other such antagonist, entrances the victim, gaining power over them. Fortunately, such portrayals are not accurate. Unfortunately, they are common; and if well written, seem believable. While great entertainment, such portrayals end up doing a disservice, frightening people away from what would otherwise be a wonderful healing medium.

Ultimately, the best one can do is to open a dialog and offer the truth. And that truth is that there is no magic involved. Hypnosis is neither good nor evil, merely a property of the human mind. Yet it brings us a tool that allows humans to perform beyond what would otherwise be possible. It also allows us to bring healing to parts of the mind and body that might otherwise remain unhealed.

Each of us experiences it several times a day, nothing more than selective focus and the willful temporary suspension of disbelief. It's not magic; it is simply a part of our daily lives. Yet it offers us a powerful tool for performance, learning and healing. And that, my friends, is all there is to it; it is the gift of the mind we call hypnosis.

The very word "secrecy" is repugnant in a free and open society.

By John F. Kennedy, April 27, 1961

Waldorf-Astoria Hotel, NYC

<http://surftofind.com/secrecy>

Video:

http://www.youtube.com/watch?feature=player_embedded&v=xhZk8ronces

The very word "secrecy" is repugnant in a free and open society; and we are as a people inherently and historically opposed to secret societies, to secret oaths and to secret proceedings. We decided long ago that the dangers of excessive and unwarranted concealment of pertinent facts far outweighed the dangers which are cited to justify it. Even today, there is little value in opposing the threat of a closed society by imitating its arbitrary restrictions.

Even today, there is little value in insuring the survival of our nation if our traditions do not survive with it. And there is very grave danger that an announced need for increased security will be seized upon by those anxious to expand its meaning to the very limits of official censorship and

concealment. That I do not intend to permit to the extent that it's in my control. And no official of my Administration, whether his rank is high or low, civilian or military, should interpret my words here tonight as an excuse to censor the news, to stifle dissent, to cover up our mistakes or to withhold from the press and the public the facts they deserve to know.

For we are opposed around the world by a monolithic and ruthless conspiracy that relies primarily on covert means for expanding its sphere of influence--on infiltration instead of invasion, on subversion instead of elections, on intimidation instead of free choice, on guerrillas by night instead of armies by day. It is a system which has conscripted vast human and material resources into the building of a tightly knit, highly efficient machine that combines military, diplomatic, intelligence, economic, scientific and political operations.

Its preparations are concealed, not published. Its mistakes are buried, not headlined. Its dissenters are silenced, not praised. No expenditure is questioned, no rumor is printed, no secret is revealed.

No President should fear public scrutiny of his program. For from that scrutiny comes understanding; and from that understanding comes support or opposition and both are necessary. I am not asking your newspapers to support the Administration, but I am asking your help in the tremendous task of informing and alerting the American people. For I have complete confidence in the response and dedication of our citizens whenever they are fully informed.

I not only could not stifle controversy among your readers--I welcome it. This Administration intends to be candid about its errors; for as a wise man once said: "An error does not become a mistake until you refuse to correct it." We intend to accept full responsibility for our errors and we expect you to point them out when we miss them.

Without debate, without criticism, no Administration and no country can succeed and no republic can survive. That is why the Athenian lawmaker Solon decreed it a crime for any citizen to shrink from controversy. And that is why our press was protected by the First Amendment-- the only business in America specifically protected by the Constitution--not primarily to amuse and entertain, not to emphasize the trivial and the sentimental,

not to simply "give the public what it wants"--but to inform, to arouse, to reflect, to state our dangers and our opportunities, to indicate our crises and our choices, to lead, mold, educate and sometimes even anger public opinion.

This means greater coverage and analysis of international news--for it is no longer far away and foreign but close at hand and local. It means greater attention to improved understanding of the news as well as improved transmission. And it means, finally, that government at all levels, must meet its obligation to provide you with the fullest possible information outside the narrowest limits of national security.

And so it is to the printing press--to the recorder of man's deeds, the keeper of his conscience, the courier of his news--that we look for strength and assistance, confident that with your help man will be what he was born to be: free and independent.

Tragically, on November 22nd 1963, John F. Kennedy was assassinated because he had planned to end the Vietnam war (<http://surftofind.com/vietnam>), and it was a big secret, until recently. <http://surftofind.com/bombshell>

SECRECY REFORM STYMIED BY THE PENTAGON

**Steven Aftergood, SECREC NEWS from
the FAS Project on Government Secrecy
Volume 2011, Issue No. 19, Feb. 24, 2011**

The Obama Administration has taken several initial steps to modernize the national security classification system and to combat over-classification. But those halting efforts are being undermined by the Department of Defense, which is not implementing the President's policy.

DoD, which is the government's largest producer of classified information, has failed to update its internal regulation on information security, despite a specific Presidential directive to do so. The result is that military components today are following old, incomplete and misleading guidance on classification policy.

For example, one such component, U.S. Transportation Command (TRANSCOM), said on February 20 that it was unaware of a current requirement to update and correct its classification guidance. It had "no records" pertaining to the performance of a Fundamental Classification

Guidance Review, which was required by President Obama's Executive Order 13526. Why? Because, it said, "no Review was required [by] DoD 5200.1-R," the Pentagon's regulation on information security.
<http://www.fas.org/sgp/news/2011/02/transo22011.html>

This is a startling misunderstanding and a grievous lapse of responsibility on the part of the Pentagon. The reason that TRANSCOM is unaware of the new requirement to perform a Fundamental Classification Guidance Review is that DoD's internal regulation 5200-1.R on classification policy has not been updated since January 1997! In effect, DoD has been blocking the transmission of the President's instructions to classifiers and declassifiers in the field.
<http://www.dtic.mil/whs/directives/corres/pdf/520001r.pdf>

This in itself is an act of defiance, particularly since the President himself ordered senior agency officials to prepare new classification policy regulations. "Such regulations shall be issued in final form within 180 days of ISOO's publication of its implementing directive for the order," President Obama wrote in his December 29, 2009 memorandum that accompanied the issuance of Executive Order 13526.
<http://www.fas.org/sgp/obama/wh122909.html>

The Information Security Oversight Office (ISOO) did publish its implementing directive for the Executive Order on June 28, 2010. Therefore, agencies officials were obliged to complete their implementing regulations 180 days later, by the end of December 2010. At the Pentagon, officials failed to comply.

"The promulgation of implementing regulations for [President Obama's] E.O. 13526... is not an optional activity," said William J. Bosanko, director of the Information Security Oversight Office, which oversees the classification system.

"Such regulations serve as the foundation for the implementation of the Order at each agency," he explained. "Failure to update regulations in a timely manner impedes the implementation of the President's direction and risks undermining the confidence in the classification system. It also places classified information at needless risk and otherwise makes it difficult to hold accountable those who fail to meet their responsibilities."

"How can we expect personnel to properly classify, safeguard, and declassify national security information if we do not provide them with the 'rules'? How can we maintain the trust of the

American people and our State, local, tribal, private sector, and foreign partners if we don't even comply with the most basic requirements ourselves?"

Mr. Bosanko said that ISOO was pressing for agency compliance with the requirements of the executive order. He said the status of such compliance would be addressed in the forthcoming FY 2010 ISOO Report to the President.

Meanwhile, throughout the Department of Defense, officials are diligently following the wrong instructions. According to the DoD directives website, the 1997 regulation 5200-1.R -- with all of its outdated guidance -- is currently one of the top five most frequently downloaded DoD publications.
<http://www.dtic.mil/whs/directives/>

Secrecy News is written by Steven Aftergood and published by the Federation of American Scientists. To SUBSCRIBE to Secrecy News, go to:
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**US State Department Cables Warn Do Not Discuss UFOs entering Earth orbit
Filer's Files #5 2011, George A. Filer,
MUFON Eastern Region Director ,
January 26, 2011**

Gordon James Gianninoto writes, I had brought this up first when Julian Assange mentioned there were UFOs mentioned in state department official cables. Nothing much has transpired since he admitted he had seen such cables, and that they existed.

Now I learn that our favorite freedom of information activist pursuing the US government documents concerning UFOs, Larry Bryant has identified one such cable dated from November of 2005 in which the US State Department specifically instructed US Embassy personnel in the Ukraine NOT discuss 'UFOs entering Earth Orbit', or concerns the Department of Defense has with such matters.

According to the contents of a U. S. State Department "cable" message recently acquired from the Wikileaks... huge cache of such official communications, certain State officials have warned their personnel to refrain from discussing (even among themselves) the reality that planet Earth apparently is being reconnoitered by alien spacecraft (aka UFOs).

The document in question, dated Nov. 9, 2005, reportedly was sent to a diplomat at the U. S. embassy in Kiev, Ukraine, stating:

"It is critical all embassy staff understand that they are not to discuss under any circumstance concerns DOD [U. S. Department of Defense] has with UFOs entering orbit, once again the seriousness of this matter cannot be overstated."

The leaked State cable is prompting me to seek, via the freedom-of-information request now posted as Item 2.94 of my blog (<http://ufoview.posterous.com>), all pertinent DOD-originated records reflecting the official DOD "concerns" cited by State's 9 Nov 05 cable.

UFO Disclosure - ET Disclosure - Why it will never happen from the President by RW Benjamin, 2011-01-25

<http://www.zimbio.com/UFOs/articles/SfpVbAqfOLk/UFO%2BDisclosure%2BET%2BDisclosure%2Bwill%2Bnever%2Bhappen>

I have been following the UFO and Extraterrestrial phenomena since the 1970's, I have read numerous books by many of the top authors in the field including those by: Vallee, Strieber, Hopkins, Imbrogno, and literally tons of other authors. The phenomena seems to be growing more and more every year, and there are reports of UFO's and actual encounters with non-earth beings from all around the globe, not to mention reports of crop circles.

The UFO sightings may be increasing or they may not be, one thing that has increased at a dramatic pace is the technology that allows people to capture and report the sightings, such as cell phones, digital cameras, and a host of other devices. Maybe what really has increased is the technology to report the sightings, instead of the sightings themselves, but this like most areas of the UFO phenomena, will continue to be up for debate.

Besides the reported pace of UFO sightings increasing, there is another branch of this same field that seems to be growing at a rapid pace also, and that is that we are on the verge of a major News release by the USA President or some other government agency stating that UFO's and Extraterrestrial's are visiting the Earth, in other words, we are on the verge of UFO Disclosure.

I have been reading about UFO disclosure since the late 1970's, as far back as I started reading and

researching the UFO phenomena it's self. What is the major reason for UFO disclosure according to most of the people that report it's coming? Hollywood and the Movies. If you research back over the years, you will read reports in books, and magazines and other publications where some major author or so called expert in the field of UFO's states, UFO Disclosure is about to be released.

If you do a little bit of careful research you will discover that just before the UFO disclosure fever revs up, there has been a major motion picture released with UFO's or Extraterrestrial's as the subject, such examples are: Close Encounters of the Third Kind (1977), and ET The Extraterrestrial (1982), i.e., right up to the current releases such as Independence Day (1996), The Fourth Kind (2009), Skyline (2010), and now there are at least two UFO - Extraterrestrial movies to be released in 2011.

So as more and more such movies are released, more and more the fever over UFO Disclosure will rise, as folks will say the government is behind the directors in Hollywood, paying them fees, or offering some other incentive to create and release movies on the UFO-ET subject, to get the people of the world ready or prepare our minds to accept such a release of information from the President or some other Government agency.

This is nothing but foolishness, if you research the movies over time, starting from 'SKYLINE (2010), and going way back to the original 'War of the Worlds (1953), you will discover that the majority of any UFO-ET movie is not a pleasant subject, the aliens are far superior, they come to attack, colonize, or destroy mankind, there are tons of huge effects, with major explosions, and scenes of terror, excitement, and action.

The only reason Hollywood, Producers, Directors or sources for funding for such projects releases more and more of these films, is because they have a huge audience, and bring in a LOT of money. When you find a subject such as UFO's and Extraterrestrial's Invading the earth, to be such a huge money making source, you are going to see more and more of these films being made, the only true disclosure is, 'Hey! These films make a lot of money!'

And if you truly believe that there is disclosure coming by the President of the USA or some agency of the Government, stop and think about it! For years and years, every since as far back as the major UFO sighting and reported abduction of Betty and

Barney Hill (1961), there have been thousands of reports of not only UFO sightings but abductions by aliens, mostly the species known as the 'Greys'.

Reputable people from not only the USA but around the world have reported UFO sightings and abductions, these people range from police officers, doctors, lawyers, airline pilots and tons of other highly regarded people, with great credentials behind them.

Every since the so called Alien flying saucer crash at Roswell in 1947, the Government of the USA as stated time after time, that there are NO ALIEN UFO's, NO Extraterrestrial beings visiting the Earth, so what does this say about all of the eye witnesses to such UFO's, even the airline pilots and others with such big credentials, it says that they are either mistaken for what they have seen, or they are lying, or worse.

The same thing is said about those that have reported abductions, they are either being fed the information by the Hypnotherapist that regress them, or they have lied about the whole incident, or their mental state makes them believe it has happened, even though it's just a fantasy, the Government says, there has been and is no proof of any alien abductions, in fact folks have been ridiculed, and made to look completely insane for over 60 years by the USA Government, so do you truly believe this same Government or the President, is going to come forward and say, 'Reports about UFO's and Extraterrestrial's have been real!', of course not. There would be such a state of chaos around the world, that it would be worse if the aliens are real, and launched a world wide attack against us, disclosure cannot happen, and will not happen, by the USA Government or the President of the United States.

If UFO's are real, and Extraterrestrial's are visiting us, and abducting humans and animals such as cows and horses, the only way disclosure can occur is by the Aliens themselves, as a worldwide landing or such mass unveiling occurs, as the sighting of hundreds of giant spaceships and one time, over major cities of the world.

There is a website that describes UFO's and Extraterrestrial's and numerous other topics of interest such as conspiracies, secret technology, ufos, secret weapons research, bible end times predictions and many other such subjects, this website is called: The Great Deception and it may be found at this url: <http://www.great-deception.com>

Donald Rumsfeld and UFOs

http://www.oocities.org/topsecretresearch/rumsfeld_ufo.html

It's hard for me to believe, but I think it's true that my first visit here was a very long time ago, in the early 1960s, when I was a congressman and serving on the House Committee on Science and Astronautics, and came here with Wernher von Braun. -- Donald Rumsfeld

U.S. Department of Defense: Remarks by Secretary of Defense Donald Rumsfeld at the Seventh Annual Space and Missile Defense Conference. Wednesday, August 18, 2004.

<http://www.defenselink.mil/transcripts/2004/tr20040818-secdefi201.html>

Thank you, Mr. Chairman. It is a pleasure to welcome all the members of this distinguished panel, and particularly to welcome Dr. Allen Hynek, who is a son of Illinois, and presently serves in the Department of Astronomy and Director of the Lindheimer Astronomical Research Center. Dr. Hynek is a member of a number of scientific societies, and has served in the Government service as well as in the academic community. As his Congressman I am delighted he has been invited to appear on this panel, and we certainly look forward to his comments. -- Donald Rumsfeld

UFO Symposium 1968: Introduction

<http://ncas.sawco.com/ufosymposium/intro>

Members of the Committee on Science and Astronautics: "Donald Rumsfeld, Illinois" Symposium On Unidentified Flying Objects, U.S. House of representatives, Committee on Science and Astronautics July 29, 1968.

UFO Symposium 1968: Members

<http://ncas.sawco.com/ufosymposium/members.html>

<http://www.rense.com/general52/rum.htm>

Dr. Allen Hynek had told me a very interesting thing many years ago.

He went to Washington. Allen was on a visit, and he got an appointment with Rumsfeld. He had been for many many years a consultant for the Air Force on UFOs phenomena. He actually knew Rumsfeld. He said that they chatted about this and that in Rumsfeld's office and then he said. I turned to him and I said, Don I have to ask you something. I have been in this for years looking at the UFO phenomena. I feel like at this point in my life I am in a position of need to know. -- Bud Hopkins

http://www.presidentialufo.com/donald_rumsfeld.htm

Allen Hynek had told me the same story about his attempt to get Rumsfeld to give him access to the UFO info. -- Stan Friedman
UFO UpDates Mailing List
<http://www.virtuallystrange.net/ufo/updates/2003/nov/m27-024.shtml>

Earth-Like Worlds Might Be as 'Common as Ants at a Picnic'

by Clara Moskowitz, 07 February 2011

[http://www.space.com/10774-kepler-planets-alien-search-life-earth.html?](http://www.space.com/10774-kepler-planets-alien-search-life-earth.html?utm_source=feedburner&utm_medium=feed&utm_campaign=n=Feed%3A+spaceheadlines+%28SPACE.com+Headline+Feed%29)

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The discovery of a trove of potential alien planets, including dozens that could be Earth-size or habitable, is heartening news for those hoping to discover E.T. one day.

NASA's Kepler Space Telescope found 1,235 planet candidates beyond our solar system, according to an announcement Wednesday (Feb. 2). Of those, 68 are thought to be about the size of Earth, and 54 are at a distance from their stars where liquid water should be able to exist. <http://www.space.com/10742-kepler-exoplanets-data.html>

However, none of those planets are actually confirmed to exist — they are merely potential planets that must be verified with follow-up studies. Furthermore, none of them are guaranteed to be habitable — scientists know only that there is a chance they are, based on the picture we have now.

The odds of life

Still, the finds boost scientists' hopes that Kepler, which was launched in March 2009 to hunt for extrasolar planets, would turn up a large collection of worlds with suitable conditions to host extraterrestrial life. Such a large haul of possible planets within the observatory's first two years of operation is promising.

"I think it's heartening in the sense that we certainly had hoped that this was going to be the case," said Seth Shostak, senior astronomer for the SETI (Search for Extraterrestrial Intelligence) Institute in Mountain View, Calif.

Yet he said a lot more data are necessary before we have reasonable odds of finding life, if it exists at all.

"What you need is not 50 candidates, you need a lot more," Shostak told SPACE.com. "But the facts are,

this suggests there are a lot more. Earth-like worlds might be as common as ants at a picnic."

Still, even a verified Earth-like alien planet is nowhere near a guarantee that intelligent life exists there.

"It may be that there are many, many worlds that are like Earth but only a few have life," Shostak said. "Or maybe a lot have life but very few produce clever critters that can wire together a radio transmitter."

The Drake Equation

Shostak said Kepler's finds have already affected the search for our cosmic neighbors.

SETI scientists have trained their dedicated Allen Telescope Array, a network of radio dishes in Northern California, on a number of the Kepler potential planet candidates, including some of those announced this week. (Some SETI researchers are members of the Kepler team and have access to the data before they're made public.)

And studies such as the new Kepler work are helping scientists refine some of the key parameters used in the Drake equation, a formula at the heart of SETI that predicts the likelihood of communication with intelligent aliens.

The Drake equation is based on seven factors: the rate of star formation in the galaxy, the fraction of stars that have planets, the fraction of planets that are habitable, the percent of those that actually develop life, the percent of those that develop intelligent life, the fraction of civilizations that have a technology that can broadcast their presence into space, and the length of time those signals would be broadcasted.

The new SETI results could directly affect the calculations of two of those parameters — the fraction of stars with planets and the fraction of those that might be habitable, Shostak said.

"The trouble is, even if you know six of the seven terms very well that seventh could still kill you," he said, explaining that we have very little idea just how long alien civilizations are likely to last to continue broadcasting a signal.

You can follow SPACE.com senior writer Clara Moskowitz on Twitter @ClaraMoskowitz. <http://twitter.com/ClaraMoskowitz>



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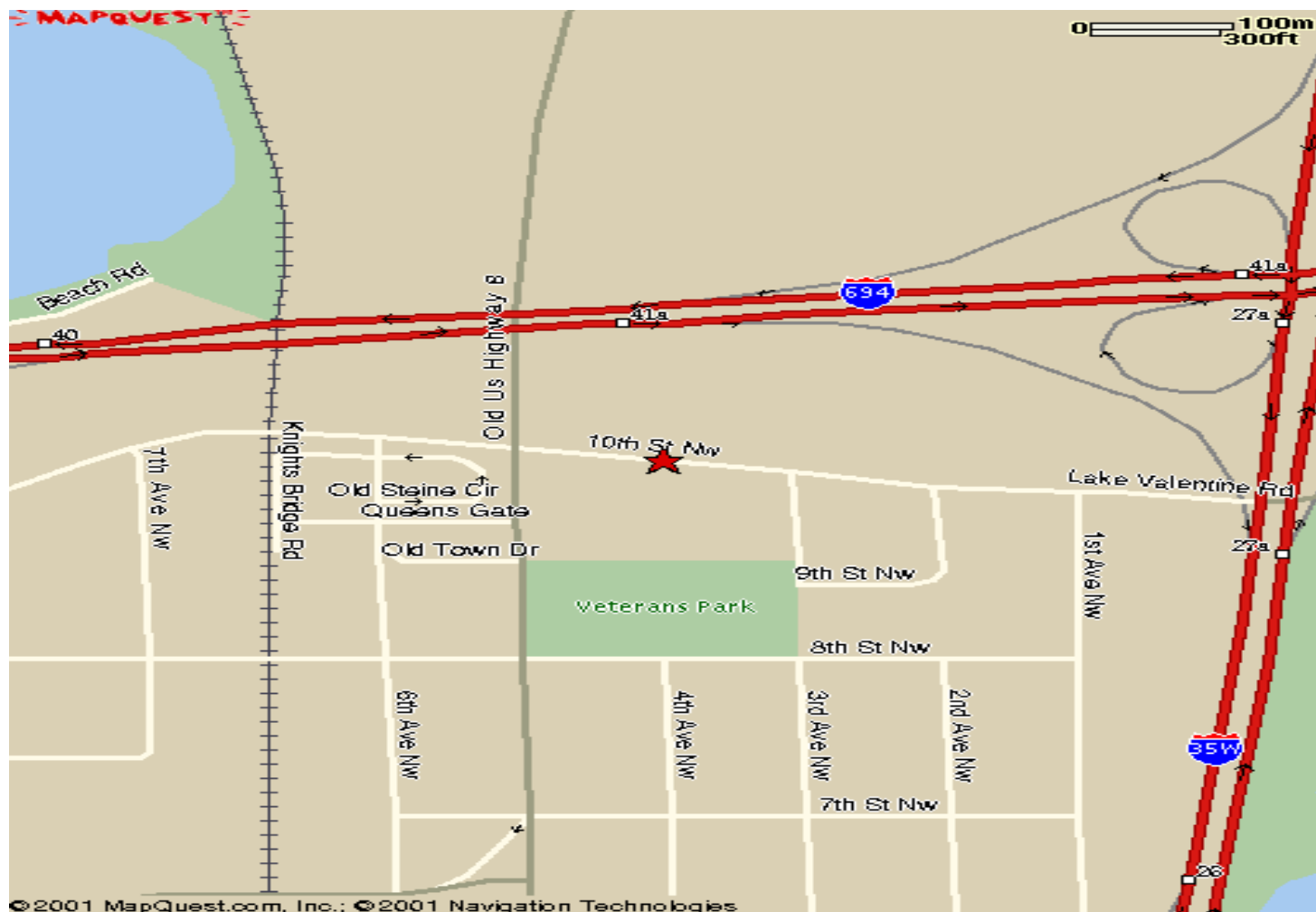
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